

Whitby Best Whole Tail Scampi - Information

Whole scampi (langoustine) tails in a crisp, golden crumb. Contains one or more tails per piece and added water.

TFS Product Code: 025245
Suppliers Product Code:
Information Last Updated: 07/04/2025
Date Produced: 06/05/2026



Allergy Information

Key: **Contains** **May Contain**



Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	121.00
Energy (kJ)	514.00
Protein (g)	9.40
Carb (g)	20.00
Of Which Sugars (g)	0.30
Fat (g)	0.60
Of Which Saturates (g)	0.30
Fibre (g)	1.70
Salt (g)	1.48

Dietary Information

Key: **Suitable for**



Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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Ingredients

Scampi (CRUSTACEANS) (40%), Breadcrumbs (Wheat Flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Salt, Yeast, rapeseed oil), Batter (Water, Wheat flour [WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Salt), Water, Stabilisers: E339, E451.

Handling Information

Directions for Use

Cooking Instructions: Always cook from frozen. The instructions below are just a guide; do make sure our scampi is piping hot throughout before serving. Once cooled do not reheat. Deep Fry: 4 mins. Deep fry from frozen. Preheat oil to 180°C (350°F). Cook for approximately 4 minutes until crisp and golden.

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Storage Instructions

Keep in the freezer at -18°C or colder and use by the best before date. Once defrosted, please don't refreeze.

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