Thompsons Food Service Ltd.
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TFS - Fish Tilapia Small Whole Gutted Scaled (80% net weight) 300/500g - Information

Whole round tilapia individually quick frozen, gutted and scaled 2x2.5kg frozen.

TFS Product Code: 025529
Suppliers Product Code:
Information Last Updated: 12/02/2026
Date Produced: 04/11/2026



Allergy Information

Key: Contains | May Contain

Sesame | Gluten | Crustaceans | Eggs | Lupin | Nuts

Milk | Celery | Sulphur Dioxide | Soya | Cereal | Peanuts

Fish | Molluscs | Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	85.00
Energy (kJ)	358.00
Protein (g)	18.00
Carb (g)	0.00
Of Which Sugars (g)	0.00
Fat (g)	1.50
Of Which Saturates (g)	0.50
Fibre (g)	0.00
Salt (g)	0.13

Dietary Information

Key: Suitable for

Kosher | Vegetarian | Halal | Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Tilapia (Fish)

Handling Information

Directions for Use

Defrost at room temperature for approx. 3 hours or overnight in refrigerator. Once defrosted keep refrigerated and consume within 24 hours. This product is raw. Cook thoroughly prior to consumption.

Storage Instructions

Keep frozen at -18°C or below.

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