

## Hellmanns Squeezy Sweet & Sour - Information

Hellmann's Sweet & Sour Sauce adds a delicious squeeze of flavour to your favourite dishes and makes a great dip. A sweet and sour sauce made with apricots, vinegar and spices. Gluten free and suitable for vegans, so everyone can enjoy its great taste. Hellmann's Sweet & Sour Sauce comes in an easy to use squeeze bottle. This versatile sweet and sour sauce pairs perfectly with chicken nuggets for the ultimate fakeaway meal. Why not try the other condiments in the range, like Hellmann's Spicy Mexican Sauce which is perfect for fajitas, nachos and tacos?. Have you tried the other condiments in the range, like Hellmann's Creamy and Spicy Ranch?

**TFS Product Code:** 032446  
**Suppliers Product Code:**  
**Information Last Updated:** 30/06/2025  
**Date Produced:** 20/06/2026



250 ml

### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	106.00
Energy (kj)	446.00
Protein (g)	0.70
Carb (g)	24.00
Of Which Sugars (g)	19.00
Fat (g)	0.40
Of Which Saturates (g)	0.10
Fibre (g)	0.00
Salt (g)	1.00

### Dietary Information

Key: **Suitable for**

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information is subject to change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Water, apricots (30%), sugar, spirit vinegar (10%), modified starch, **SOY** sauce (water, **SOY**, salt, spirit vinegar), onion powder, salt, garlic powder, spices (black pepper, cayenne pepper, clove), preservative (sorbic acid).

## Handling Information

### Directions for Use

Ready to use

### Storage Instructions

Store in a cool dry place.

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