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# Fletchers Frozen Bread - Wholemeal Medium Slice Loaf - Information

A medium sliced sandwich wholemeal bread loaf. Great for a light lunch menu, for a classic sandwich option.

**TFS Product Code:** 031568
**Suppliers Product Code:**
**Information Last Updated:** 09/06/2022
**Date Produced:** 04/11/2026




## Allergy Information

Key: Contains | May Contain

Sesame | Gluten | Crustaceans | Eggs | Lupin | Nuts

Milk | Celery | Sulphur Dioxide | Soya | Cereal | Peanuts

Fish | Molluscs | Mustard

## Nutritional Information

| | |
|---|---|
| Serving Unit: | 100g or 100ml |
| Energy (kcal) | 218.00 |
| Energy (kJ) | 923.00 |
| Protein (g) | 9.70 |
| Carb (g) | 38.20 |
| Of Which Sugars (g) | 2.40 |
| Fat (g) | 1.40 |
| Of Which Saturates (g) | 0.40 |
| Fibre (g) | 7.10 |
| Salt (g) | 0.85 |

## Dietary Information

Key: Suitable for

Kosher | Vegetarian | Halal | Vegan

**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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## Ingredients

Wholemeal WHEAT Flour, Water, Salt, Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Palm Oil, Yeast, Emulsifiers: (E472e, E471), Preservative (E282), SOYA Flour, Spirit Vinegar, Flour Treatment Agent (E300).

## Handling Information

### Directions for Use

To defrost: Remove from case and leave in pack at room temperature for approximately 3 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight and use within 5 days. Once defrosted do not refreeze.

### Storage Instructions

Store Frozen at -18°C or below. Keep frozen until use.

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