

## Chef Approved Chocolate Sponge Puddings - Information

Rich Chocolate Sponge Pudding, covered in a smooth and creamy Dark Chocolate Sauce. 12 Individual Puddings.

**TFS Product Code:** 031758  
**Suppliers Product Code:**  
**Information Last Updated:** 04/11/2025  
**Date Produced:** 06/05/2026



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

|                        |               |
|------------------------|---------------|
| Serving Unit:          | 100g or 100ml |
| Energy (kcal)          | 310.00        |
| Energy (kJ)            | 1298.00       |
| Protein (g)            | 3.90          |
| Carb (g)               | 40.20         |
| Of Which Sugars (g)    | 28.00         |
| Fat (g)                | 14.80         |
| Of Which Saturates (g) | 6.40          |
| Fibre (g)              | 1.60          |
| Salt (g)               | 0.40          |

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Sugar, Water, Whole EGG, Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier: Mono- And Diglycerides Of Fatty Acids), Dairy Cream (MILK), Fat Reduced Cocoa Powder (3.5%), Glucose Syrup, Dextrose, Modified Maize Starch, Cocoa Mass, Raising Agents: Disodium Diphosphate, Sodium Bicarbonate; Palm Oil, Whey Powder (MILK), WHEAT Flour, Cocoa Butter, Emulsifiers: SOYA Lecithin, Sorbitan Tristearate, Mono- And Diglycerides Of Fatty Acids, Polyglycerol Esters Of Fatty Acids; Natural Flavouring

## Handling Information

### Directions for Use

**COOKING INSTRUCTIONS:** Re-heat from frozen. Remove film. Place container in microwave. Heat on **FULL** power. 800W for approximately 1 minute 30 seconds, 1100W - 1 minute, 1800W - 35-40 seconds. Allow to stand for 1 minute. Cover container with pudding dish, turn out to serve, scooping out any remaining sauce. **WARNING: HOT STEAM & TOPPING WHEN RE-HEATED.**

### Storage Instructions

**DO NOT REFREEZE ONCE DEFROSTED. STORE AT -18°C OR COLDER.**

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