Thompsons Food Service Ltd.
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Chef Approved Carrot Cake - Information

A traditional rich, moist carrot cake containing crushed pineapple and walnuts, with a hint of spice. Coated with a rich vanilla flavoured cream cheese frosting. Side decorated with crunchy walnut pieces and finished off with a scattering of walnut pieces on top. Pre-cut 16 portions.

TFS Product Code: 031759
Suppliers Product Code:
Information Last Updated: 28/10/2025
Date Produced: 04/11/2026



Allergy Information

Key: Contains | May Contain

Sesame | Gluten | Crustaceans | Eggs | Lupin | Nuts

Milk | Celery | Sulphur Dioxide | Soya | Cereal | Peanuts

Fish | Molluscs | Mustard

Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	416.00
Energy (kJ)	1735.00
Protein (g)	5.30
Carb (g)	40.40
Of Which Sugars (g)	31.90
Fat (g)	25.90
Of Which Saturates (g)	6.40
Fibre (g)	0.94
Salt (g)	0.50

Dietary Information

Key: Suitable for

Kosher | Vegetarian | Halal | Vegan

Please Note: This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

Registered Office: Nelsons Yard, South Denes Road, Great Yarmouth, NR30 3PR, England
Company No: 07107278 VAT No: GB 986 0801 93 Directors: E. Thompson, R. Thompson, T. Thompson

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Ingredients

Sugar, 12% Fat Soft Cheese (16.5%) [Cheese Base (MILK), Salt, Maize Starch, Stabilisers (E410, E415)], Shortening [Palm Oil, Rapeseed Oil, Emulsifier (E471)], WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Whole EGG, Rapeseed Oil, WALNUTS (7%), Carrot (4.5%), Pineapple, Glucose Syrup, Pineapple Juice, Humectant (E422), Raising Agents (E450i, E500ii), SOYA Flour, Modified Maize Starch, Natural Flavouring, Water, Cinnamon, WHEAT Flour, Emulsifiers (E471, E475), Fat Reduced Cocoa Powder, Stabiliser (E415).

Handling Information

Directions for Use

For best results remove all packaging whilst product is still frozen and place on a serving plate. Defrost in a refrigerator for: whole cake 6-8 hours, individual slices 2-4 hours. Once defrosted refrigerate and consume within 48 hours.

Storage Instructions

STORE AT -18°C OR COLDER. DO NOT REFREEZE ONCE DEFROSTED.

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