

## Baked Earth Single Serve Flatbread 80g - Information

A ready-baked, rectangular-shaped plain flatbread ideal for sharing or use as the base of a 'posh' pizza (approx. 170 x 120mm each). Packed 6 x 5. Suitable for vegetarians and vegans. (1 x 30)

**TFS Product Code:** 028423  
**Suppliers Product Code:**  
**Information Last Updated:** 05/04/2024  
**Date Produced:** 20/06/2026



### Allergy Information

Key: **Contains** **May Contain**



### Nutritional Information

Serving Unit:	100g or 100ml
Energy (kcal)	336.00
Energy (kJ)	1417.00
Protein (g)	7.90
Carb (g)	54.20
Of Which Sugars (g)	1.10
Fat (g)	9.30
Of Which Saturates (g)	0.80
Fibre (g)	2.40
Salt (g)	0.56

### Dietary Information

Key: **Suitable for**



**Please Note:** This information has been supplied by manufacturers and other third parties to Thompsons Food Service Ltd. Whilst we take steps to ensure the information is correct and regularly updated, we give no warranty and no guarantee to the accuracy of this information. Product information and ingredients may change; please always read product labels carefully in addition to this document for accuracy. Please also consider changes to ingredients when products have been substituted.

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## Ingredients

Fortified WHEAT Flour (Calcium Carbonate, Niacin, Iron, Thiamin), Water, Rapeseed Oil, Yeast, Sugar, Salt.

## Handling Information

### Directions for Use

From Frozen unless otherwise stated Oven: Remove all packaging and sprinkle lightly with water. Place directly on the oven rack in a preheated oven at 200°C/Gas Mark 6, for 4-5 minutes. Shelf life once defrosted: Consume within 24 hours.

### Storage Instructions

Keep Frozen. Store at -18°C or below

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